

## CİRRUCULUM VİTAE

1. Name Surname: Mehmet Kemal Arıkan

2. Date of Birth: 27.03.1960

3. Title: Professor

4. Educational Background:

Degree	Department	University	Year
Undergraduate	Medical Faculty	Trakya University	1985
Specialisation	Psychiatry	Istanbul University Cerrahpaşa Medical Faculty	1992
Doctorate	Biostatistics	Istanbul University	2001

5. Academic Titles:

Date of Associate Professorship :1993

Date of Professorship :1999

6. Specialization Training

3/87-6/88 Bakırköy RSHH

Specialisation in Psychiatry

6/88-9/88 Fırat University Medical Faculty

Internal Medicine Rotation

9/88-9/89 Istanbul University Cerrahpaşa Medical Faculty

Specialisation in Psychiatry

9/89-6/90 National Institutes of Health (NIH),

Neurological and Communicative Disorders and Stroke Centre (NINCDS)

Washington, D.C., USA

Neurological Rotation

6/90-8/90 Istanbul University Cerrahpaşa Medical Faculty

Specialisation in Psychiatry

8/90-2/92 New York Medical College, NY, USA

Research Fellow, completed Child Psychiatry Rotation

2/92-3/92 Istanbul University Cerrahpaşa Medical Faculty

Specialisation in Psychiatry

## **7. Publications:**

### **7.1. Publications in International Referred Journals (SCI & SSCI & Arts and Humanities)**

Arıkan M.K., Devrim M., Oran O., Inan S., Melih E., Demiralp T.: “Music Effect on Event Related Potentials of Humans on the Basis of Cultural Environment”, *Neuroscience Letters*, 267, 1-4, 1999.

Kemal Arıkan, Tamer Coskun, Bora Guvener, Oznur Oran Effects of Ammonia on Penthylenetetrazole-Induced Seizure Threshold Metabolic Brain Disease, 14(4), 223-230, 1999.

Kemal Arıkan, Omer Uysal, Gunay Cetin Public Awareness of The Effectiveness of Psychiatric Treatment May Reduce Stigma *Israel Journal of Psychiatry and Related Sciences*. 36(2): 95-99, 1999.

Kemal Arıkan, Omer Uysal Emotional Reactions The Mentally Ill Are Positively Influenced by Personal Acquaintance *Israel Journal of Psychiatry and Related Sciences*. 36(2): 100-104, 1999.

Kemal ARIKAN, Omer UYSAL, Mustafa SENOCAK, Ahmet DIRICAN, Oznur ORAN, Irem ERDEM, M.Sci “The Influence of Information on Social and Occupational Outcome in Mental Illness on the Attitudes of the Public: A Study of Students in Turkey *Israel Journal of Psychiatry and Related Sciences*. 37(4): 320-325, 2000.

Arıkan K, Uysal O, Oran O, Coban A, Tolun H, Kokrek Z. Earthquake Related Startle Reaction and Its EEG Correlates, *Clinical EEG* 32 (4), 205-209, 2001.

Arıkan K “A stigmatizing attitude towards psychiatric illnesses is associated with narcissistic personality traits.” *Israel J of Psychiatry*, 42(4), 248-50, 2005.

Arıkan K, Boutros NN, Bozhuyuk E, Poyraz BC, Savrun BM, Bayar R, Gunduz A, Karaali-Savrun F, Yaman M EEG Correlates of Startle Reflex With Reactivity to Eyes- Opening in Psychiatric Disorders: Preliminary Results. *Clinical EEG and Neuroscience*, 37(3), 230-234, 2006.

- Savrun BM, Arikan K, Uysal O, Cetin G, Poyraz BC, Aksoy C, Bayar MR Gender effect on attitudes towards the mentally ill: a survey of Turkish university students *Israel J of Psychiatry*, 44(1), 57-61, 2007.
- Aksoy-Poyraz C, Ozdemir A, Ozmen M, Arikan K, Ozkara C Electroconvulsive therapy for bipolar depressive and mixed episode with high suicide risk after epilepsy surgery. *Epilepsy Behav.* 13(4), 707-709, 2008.
- Arikan MK, Kütükcü A, Karay A, Ozmen M A case of psychosis associated with left thalamic infarcts.. *Prog Neuropsychopharmacol Biol Psychiatry*. 2009 15;33(4):729-30.
- Bayar MR, Poyraz BC, Poyraz-Aksoy C, Arikan MK Reducing Mental Illness Stigma in Mental Health Professionals Using A Web-Based Program. *Israel J of Psychiatry*, 46(3), 226-230, 2009.
- Emul M, Uzunoglu Z, Sevinç H, Güzel C, Yılmaz C, Erkut D, Arikan K. “The attitudes of preclinical and clinical Turkish medical students toward suicide attempters.” *Crisis*. 2011 Jan 1;32(3):128-33.
- Aksoy-Poyraz C, Poyraz BC, Turan S, Arikan MK. Minor physical anomalies and neurological soft signs in patients with schizophrenia and their siblings. *Psychiatry Res*. 2011 May 30.
- Arikan K. Multimodal brain imaging. *Clin EEG Neurosci*. 2011 Apr;42(2):X.
- Bayram A, Bayraktaroglu Z, Karahan E, Erdogan B, Bilgic B, Ozker M, Kasikci I, Duru AD, Ademoglu A, Oztürk C, Arikan K, Tarhan N, Demiralp T. Simultaneous EEG/fMRI analysis of the resonance phenomena in steady-state visual evoked responses. *Clin EEG Neurosci*. 2011 Apr;42(2):98-106.
- Arikan MK, Poyraz CA, Baş A, Sağlam NG, Batun GC, Gültekin G, Poyraz BÇ. Changing Trends in Treatment of Acute Mania: Experience of a Tertiary Centre Over a Decade. *Psychiatr Q*. 2015 Jul 29.
- Ayyıldız H, Turan Ş, Gülcü D, Poyraz CA, Pehlivanoğlu E, Çullu F, Arikan MK. Olanzapine-induced atypical neuroleptic malignant syndrome in an adolescent man with anorexia nervosa. *Eat Weight Disord*. 2015 Nov 25.
- Poyraz BÇ, Aksoy Poyraz C, Yassa A, Arikan MK, Gündüz A, Kiziltan G. Recurrent Catatonia in Parkinson Disease. *J Clin Psychopharmacol*. 2016 Feb;36(1):104-6.
- Poyraz BÇ, Arikan MK, Poyraz CA, Turan Ş, Kani AS, Aydın E, İnce E. Clinical and cognitive insight in patients with acute-phase psychosis: Association with treatment and neuropsychological functioning. *Nord J Psychiatry*. 2016 Apr 27:1-8.
- Poyraz BÇ, Sakallı Kani A, Aksoy Poyraz C, Öcek Baş T, Arikan MK. Cognitive Psychophysiological Substrates of Affective Temperaments: A P300 Study. *Clin EEG Neurosci*. 2016 May 17.
- Mehmet Kemal Arikan, Nevzat Tarhan, Omer Uysal, Serra Kupcuoglu, Barlas Gunay, Zeynep Küçük: The Simplest way of assessing memory and attention function in daily clinical practice, *Neuropsychiatry (London)* (2016) 6(6), 362–365.

## **7.2. Publications in International Referred Journals**

- Turkoglu A., Arikan M.K., Bulut S., Bagdas G., Songar A.: “The Effects of Hepatic Encephalopathy on Chemically Induced Convulsions”, *Integrative Psychiatry*. 7(2), 128-131, 1991 (Abstract Presented at the Eighth World Congress of Psychiatry, Athens, 1989).

Arıkan MK. Konsultasyon-Liyezon Psikiyatrisi (Consultation-Liaison Psychiatry) Journal of Family Practice. 2(1), 14-17. 1998.

Kemal Arıkan, Gülşen Aydoğan Diagnosis and Differential Diagnosis of Depression in Consultation-Liaison Psychiatry Turkish Journal of Family Practice, 5(1-4), 5-11, 2001.

### **7.3. International Conference Proceedings**

#### **7.3.1. Oral Presentations in International Scientific Conferences**

Turkoglu A.B., Arıkan M.K., Bulut S., Baydas G., Hepguvendik C.: "Kan Amonyak Seviyesi ile Pentilentetrazol Arasındaki Paralel İlişki Üzerinde Çinko Etkisi İçin Bir Deneysel Çalışma" (An Experimental Study on the Effect of Zinc on the Parallel Relationship between Pentylene-tetrazole and the Blood Ammonia Level), Çinko Sempozyumu (Zinc Symposium). November 21-25, 1988, Ankara.

Turkoglu A., Arıkan M.K., Bulut S., Bagdas G., Songar A.: "The Effects Of Hepatic Encephalopathy On Chemically Induced Convulsions". Eighth World Congress of Psychiatry, Athens, 1989.

Arıkan M.K.: "Turkish Versus American Psychiatry". Turkish-American Physicians Assoc. Pub. Accepted in: 1991. (Has been presented as a conference in New York, NY, , USA – 1991).

Arıkan K: Psychological Dimension of a Sociological Problem. Stigmatization, Madness, Science and Society, Florence, Renaissance, İtalya, 2000, 26-29 Ağustos, 2000.

Arıkan MK: Effects of Earthquake on Human Psychology and its EEG Correlates. Annual Meeting of the ECNS; 8-12/11/2000 Macon, GA, USA, Clinical EEG, 31(1), 40, 2001.

Arıkan MK: Surviving catastrophe, SUNY, New York, USA, 19 October, 2001.

Arıkan K: Startle Phenomenon: Clinical Importance and Relation to EEG. 3rd International Symposium. Biological Viewpoints in Psychiatry, 5-8 Eylül Bursa, 2002.

Konuk, N., Kökrek, Z., Kocabaşoğlu, N., Arıkan, M.K. "Major Depresyonda seçilmiş Beyin bölgelerinin Manyetik Rezonans Spektroskopi İle Değerlendirilmesi" (Sözel sunum) 4. Ulusal Biyolojik Psikiyatri Kongresi, Uluslararası Katılımlı, 83-86 Ankara, (2003).

Arıkan MK: Obezitede Stres Yönetimi(Stress Management in Obesity), Obesity Congress, 16 May 2004.

Duran A, Poyraz C, Bozhuyuk E, Arıkan K: Saccadic Eye Movements And Schizophrenia. Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf. 230, 2005.

#### **7.3.2. Poster Presentations in International Scientific Conferences**

İtil T.M., Abaidoo C., Arıkan M.K., Bennett D., Saito A., Lagrutta M., Eralp E., Lebars P., İtil K.Z.: "Quantitative Pharmacology-EEG With CGS-20625, A New Anxiolytic". 30th Annual Meeting of ACNP. San Juan, Puerto Rico, December 9-13, 1991.

Arıkan M.K., Bayar R., Coban A.: "The Electroencephalogram in Chaotic Psychiatric Patients". Annual Meeting of American Psychiatric Electrophysiology Assoc., Toronto, 1998.

Arıkan M.K., Senocak M., Cetin G., Uysal O.: "Destigmatizing Effect of the Use of CEEG/DBM Methodology in Daily Practice". Annual Meeting of American Psychiatric Electrophysiology Assoc., Toronto, 1998.

Arıkan M.K., Cetin G., Uysal O., Senocak M.: "The Impact of the Knowledge on the Treatment Chances of Mental Disorders in the Mind of the Labeling Person". 2nd German Internet Congress of Psychiatry, 1998.

Arıkan M.K., Cetin G., Uysal O., Senocak M.: "Social Interactions and the Stigmatization". 2nd German Internet Congress of Psychiatry, 1998.

- Arıkan M.K., Cetin G., Uysal O., Senocak M.: "Stigmatization and Meeting a Patient With Mental Disorder in Advance". 2nd German Internet Congress of Psychiatry, 1998.
- Arıkan M.K., Cetin G., Uysal O., Senocak M.: "Is There Any Relationship Between Migration and Stigmatization of Mental Disorders?". 2nd German Internet Congress of Psychiatry, 1998.
- Arıkan M.K., Coskun T.: "Chronic Infusion of Ammonia (2mmol/kg/h) to The Rats Increases Seizure Threshold Against Pentylentetrazole". Abstracts of the 9rd World Congress of Psychophysiology, Taormina, Sicily, September 14-19, 1998 (Int. J Psychophysiol, 30 (1-2), 126-127, 1998).
- Arıkan M.K., Demiralp T., Inan S., Oran O., Elhiş M., Omer U.: "Music Effect on Cognitive Evoked Potentials". 9th World Congress of the International Society for Brain Electromagnetic Topography, New Orleans, October 6-9, 1998. Brain Topography, 11(1), 84, 1998.
- Muge Devrim\*, Adnan Kurt\*, Ilker Yucesir\*, Kemal Arıkan\*\*, Tamer Demiralp\* 'Spontaneous Cortical Potential Shifts Determine The Detection of Visual Stimuli Near Sensory Threshold' ECNS Annual Meeting, September, October, 21-23, 1999, Washington DC, USA, Clinical EEG, 1999.
- Savrun M, Savrun F, Poyraz BC, Bozhuyuk E, Uysal O, Arıkan K: Can Routine EEG Findings Replace Eye Blink Reflex in Diagnosis of Startle Reaction? Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf 234, 2005.
- Poyraz BC, Bozhuyuk E, Savrun BM, Uysal O, Arıkan MK: Startle Reaction in Depression: EEG Measures of the Reactivity to Eyelid Opening. Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf 234, 2005.
- Poyraz BC, Bozhuyuk E, Bayar MR, Uysal O, Arıkan MK: Panic Disorder and Startle Reaction. Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf 234-5, 2005.
- Bozhuyuk E, Poyraz BC, Duran A, Uysal O, Arıkan MK: Startle Reaction in Schizophrenia. Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf 235, 2005.
- Poyraz BC, Bozhuyuk E, Savrun BM, Uysal O, Arıkan MK: The Effect of Amitriptyline on Startle Reaction in Patients with Depression Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf 235, 2005.
- Bozhuyuk E, Poyraz BC, Bayar MR, Uysal O, Arıkan MK: The Effect of Imipramine on Startle Reaction in Patients with Panic Disorder. Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf 235-6, 2005.
- Bozhuyuk E, Poyraz BC, Savrun BM, Uysal O, Arıkan MK: The Effect of Haloperidol on Startle Reaction in Patients with Schizophrenia. Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf 236, 2005.
- Bozhuyuk E, Poyraz BC, Yavuz R, Uysal O, Arıkan MK: Prediction of Sertraline Response in Posttraumatic Stress Disorder Patients by the Use of EEG Measures of the Reactivity to Eyelid Opening. Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf 236, 2005.
- Poyraz BC, Bozhuyuk E, Ugur M, Uysal O, Arıkan MK: Startle Reaction in Alzheimer's Disease. Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf 237, 2005.
- Poyraz BC, Bozhuyuk E, Bayar MR, Uysal O, Arıkan MK: The Effect of Cognitive Activators on Startle Reaction in Alzheimer's Disease. Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf 237, 2005.
- Bayar MR, Kocabasoglu N, Bozhuyuk E, Poyraz BC, Uysal O, Arıkan MK: Generalized Anxiety Disorder and Startle Reaction. Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf 237, 2005.
- Bozhuyuk E, Poyraz BC, Balcioglu I, Uysal O, Arıkan MK: The Effect of Venlafaxine on Startle Reaction in Patients with Generalized Anxiety Disorder. Annual Meeting of ECNS, 2005, Clinical EEG 36, 3, syf 237-8, 2005.

#### **7.4. International Books and Chapters Written**

T.M. Itil, E. Eralp, P. Lebars, A. Mucci, A. Saito, M. Arıkan: Evoked Potentials and Dynamic Brain Mapping: Professional Manual, HZI Foundation Publication, NY, USA, 1991.

Koptagel-İlal G., Arıkan K. Eine unvorbereitete Emigration: Die "Zwangsmigration" der türkischen Bevölkerung aus Bulgarien in 1989 In: Psychosoziale Versorgung in der Migrationsgesellschaft, Koch E., Schepker R., Taneli S (eds), Lambertus-Verlag, Freiburg, 2000, pp.139-147.

Norman C. Moore, Kemal Arıkan: Brainwaves and Mind. Kjellberg Inc. Illinois USA, 2004.

#### **7.5. Publications in National Referred Journals**

Arıkan M.K., Abay E., Sener A.: "Bir Olgu – Gilles de la Tourette Hastalığı", Haseki Tıp Bülteni. 26(3), 236-240, 1988.

Arıkan M.K., Ayhan O., Dunder E., Arslan N., Abay E., Turkoglu A.: "Bir Olgu Nedeniyle Hepatik Ensefalopati-Epilepsi İlişkisi" (A Relationship between Hepatic Encephalopathy and Epilepsy: A Case Report), Dusunen Adam. 2(4), 267-268, 1988.

Arıkan M.K.: Factitious Disorder, Dusunen Adam, 1988.

Arıkan M.K., Turkoglu A., Bulut S., Bagdas G., Arslan N.: "Hiperamonyemi-Epileptik Esik İlişkisi İçin Bir Deneyisel Çalışma" (An Experimental Study on the Relationship between Hyperammonemia and Epileptic Threshold), T. Kl. Tıp Bil. Aras. Dergisi. 8(1), 47-52, 1990.

Arıkan M.K.: "Psikiyatride Biyolojik Testler" (Biological Tests in Psychiatry), Yeni Symposium. 29(1), 5-12, 1991.

Arıkan M.K.: "Deksametazon Supresyon Testi" (Dexamethasone Suppression Test), Yeni Symposium. 29(2), 45-50, 1991.

Arıkan M.K.: "Kantitatif Farmako-EEG (I)" [Quantitative Pharmacologic EEG (I)], Klinik Psikofarmakoloji Bülteni. 2(3), 18-21, 1992.

Arıkan M.K.: "Deliryum Sendromu" (Delirium Syndrome), Yeni Symposium. 31(1-2), 44-62, 1993 (Presented as a Conference at Firat University, 1988).

Arıkan M.K.: "Tuberoz Skleroz – Psikiyatristler İçin Bir Derleme" (Tuberose Sclerosis: A Review for Psychiatrists), Yeni Symposium. 31(3-4), 21-31, 1993.

Arıkan M.K., Bayar R., Mirsal H., Suer T., Kokrek Z.: "Tedaviye Dirençli Depresyon: Bir Naturalistik Çalışma" (Therapy Resistant Depression: A Naturalistic Study), Dusunen Adam. 7(3), 55-58, 1994 (Presented at the Third Anatolian Psychiatry Days in Trabzon, Turkey, 1994).

Arıkan M.K.: Sizofrenide Elektrofizyolojik Bulgular (Electrophysiological Findings in Schizophrenia), Klinik Psikofarmakoloji Bülteni. 5(1-4), 5-28, 1995.

Arıkan M.K., Oran O., Kalyoncu A., Kokrek Z.: "Prediction of the Memory-Related Side-Effect of the Electro Convulsive Therapy (ECT)", Yeni Symposium. 34(1-2), 1996.

Arıkan M.K.: "Anksiyetede Elektrofizyolojik Bulgular" (Electrophysiological Findings in Anxiety), Klinik Psikofarmakoloji Bülteni, 6 (1-4), 1-10, 1996.

Cetin G., Arıkan M.K., Tolun H., Kendiroglu G.: "Kortikosteroidlere Bağlı Depresyonda Semptom Seçimi: Bir Olgu Sunumu" (Symptom Choosing in the Depression Caused by Corticosteroid: A Case Report), Haseki Tıp Bülteni. 35(2), 125-127, 1997.

Arıkan MK, Cetin G., Uysal O., Aydın S. Does Migration to a Different Cultural Environment Has an Effect on Stigmatization?" (Farklı Kültürel Ortama Göç Stigmatizasyonu Etkilermi?" Düşünen Adam (The Journal of Psychiatry and Neurological Sciences) 13(4); 222-24, 2000.

Arıkan K: Anksiyete Bozuklukları. Hipokrat, 122, syf.313-318, 2002.

Arıkan K., Ozenoglu A: Obezitede Davranış Tedavisi. Hipokrat, 122, syf. 314-338, 2002.

Poyraz BC, Poyraz CA, Özdemir A, Özmen M, Arıkan K. Psikiyatrik Hastalıkların Teşhis ve Ayırıcı Teşhisinde Kantitatif EEG. Klinik Psikofarmakoloji Bulteni 01/2009; Supplement(19):S24-S27.

## 7.6. National Conference Proceedings

Arıkan M.K.: "Davranış Bozukluklarının Elektrofizyolojik Özellikleri" (Electrophysiological Aspects of Behavioral Disorders). Yeni Symposium. Accepted at: October 15, 1994. (Has been presented as a conference at the "Symposium on the Physiological Bases of Behavioral Disorders" in Istanbul, Turkey – 1994).

Arıkan M.K., Aydın S., Cetin G., Uysal O., Senocak M.: "Cinsiyet ve Stigmatizasyon" (Gender and Stigmatization). Ulusal Sosyal Psikiyatri Kongresi (National Congress of Social Psychiatry), Kocaeli, April 1998.

Arıkan M.K., Aydın S., Cetin G., Uysal O., Senocak M.: "Stigmatizasyonda Cinsiyet Farkını Belirleyen Faktörler" (Factors Determining the Gender Difference in Stigmatization). Ulusal Sosyal Psikiyatri Kongresi (National Congress of Social Psychiatry), Kocaeli, April 1998.

Arıkan M.K., Bayar R., Uysal O.: "Cinsiyet ve Savunma Düzenekleri" (Gender and Defence Mechanisms). Türk Psikosomatik ve Psikoterapi Derneği Sempozyumu (Turkish Psychosomatic and Psychotherapy Association Symposium), Istanbul, June 11-12, 1998.

Arıkan M.K., Bayar R., Uysal O.: "Psikolojik Destek Gereksinimi ve Savunma Düzenekleri" (Need for Psychological Support and Defence Mechanisms). Türk Psikosomatik ve Psikoterapi Derneği Sempozyumu (Turkish Psychosomatic and Psychotherapy Association Symposium), Istanbul, June 11-12, 1998.

Arıkan K: Klinik EEG. Haydarpaşa Numune Hastanesi, İstanbul, 10 Kasım 1998.

Arıkan K. "Psikik Travma ve Beyin" (Psychic Trauma & Brain) 9th Anatolian Psychiatry Days, June, 13-17, Edirne. Anadolu Psikiyatri Günleri, 13-17 Haziran 2000, Edirne, Özet Kitabı, Sy. 54-56.

Arıkan K: Psikiyatrik Hastalıklar İçin Risk Altındaki Çocuk. Risk Altındaki Çocukların Eğitimi Semineri, Üsküdar, 7-11 Ağustos 2000.

Arıkan K: Dikkat Eksikliği ve Öğrenimde Yarattığı Sorunlar. Özel Gürsoylar İlköğretim Okulu, Çorlu, Tekirdağ, 5 Mart 2000.

Arıkan K: (Kanserde) Hasta Hekim İlişkileri. 6.Ulusal Meme Hastalıkları Kongresi, İstanbul, 22-26 Eylül, 2001.

Arıkan K: Deprem Erken Dönem Etkileri, Deprem ve Psikolojik Etkileri, Cerrahpaşa Oditoryum, 17 Eylül 2001.

Arıkan K: Obezitede Davranış Tedavisi. 2002 Türk Obezite Kongresi, Antalya, 24-27 Nisan 2002.

Arıkan K., Akman B: Akıl Hastası Karşısında Kullanılan Savunma Mekanizmaları ve Stigmatizasyon. 9.Ulusal Sosyal Psikiyatri Kongresi, Malatya, 11-14 Haziran 2002.

Arıkan K: Genel Tıpta Biyolojik Tedaviler. VI Konsültasyon ve Liyezon Psikiyatrisi Kongresi, İstanbul, 14-16 Kasım 2002.

Arıkan M: 21.Yüzyılda Çağdığı Bir Yaklaşım. Stigma. Dünya Cüzzam Haftası Etkinlikleri, İstanbul, 25-31 Ocak, 2003.

- Arıkan K: Kanser Tedavisinde Hekimin Rolü. Kanser Hastalarında Destek Tedavisi ve Rehabilitasyon Kursu, Radyasyon Onkolojisi Derneği, Kartal, 7-8 Mart 2003.
- Arıkan MK: Obezitede tedavi ilkeleri (Therapeutic principles in obesity) 12 – 13 April 2003.
- Arıkan K: Stigmatizasyonu Belirleyen Faktörler. 10.Ulusal Sosyal Psikiyatri Kongresi Ankara, 5-7 Haziran 2003.
- Konuk, N., Kökrek, Z., Kocabaşoğlu, N., Arıkan, M.K. “Major Depresyonda seçilmiş Beyin bölgelerinin Manyetik Rezonans Spektroskopi İle Değerlendirilmesi” (Sözel sunum) 4. Ulusal Biyolojik Psikiyatri Kongresi, Uluslararası Katılımlı, 83-86 Ankara, (2003).
- Arıkan MK: Makale Yazma Deneyimi Paylaşımı (Sharing the experience in writing a paper), Anadolu Psikiyatri Gunleri, Gaziantep, 20 May, 2004.
- Arıkan K: Ailenin Beslemesinde Babanın Rolü, Hacettepe, Ankara, 8 Mart 2005.
- Arıkan MK: Psikiyatride EEG (EEG in Psychiatry), Bahar sempozyumu, Antalya, 2005.
- Arıkan MK: Sık Karşılaşılan Psikiyatrik Hastalıklara Psikiyatrist Olmayanlar Nasıl Yaklaşmalıdır? (How to approach a psychiatric case as a non-psychiatrist?), Dept of Infectious Disorders, Cerrahpaşa Med Faculty, Grand Round, 2 May, 2005.
- Arıkan MK: Romatolojide Psikiyatri Hizmeti, (Psychiatric service in a romatology clinic, Dept of Psychiatry, Cerrahpaşa Med Faculty, Grand Round, 11 May, 2005.
- Arıkan K: Psikiyatrist Gözüyle Hasta Hakları, T.Ü Tıp Fakültesi, 17, Haziran, 2005.
- Arıkan K: Narsisizm ve Stigma. 41.Ulusal Psikiyatri Kongresi, Erzurum, 15-20 Kasım 2005.
- Arıkan K: Nikotin ve Hareket Bozuklukları. 41.Ulusal Psikiyatri Kongresi, Erzurum, 15-20 Kasım 2005.
- Arıkan K: Stres ve Kanser. Medikal Açıdan Stres ve Çareleri Sempozyumu. Cerrahpaşa, 22-23 Aralık 2005.
- Arıkan MK: Beyin Haritalama ve Farmako EEG. 1. Ulusal Psikofarmakoloji Kongresi, 14-17 Aralık 2005.
- Arıkan MK: Psikofarmakoloji ve Obezite İlişkisi: İlaçlar Ağırlığı Nasıl Etkiler?, 4. Ulusal Sağlıklı Yaşam Sempozyumu, İstanbul, 12-15 Şubat 2015.

## **7.7. National Books and Chapters Written**

- M. Kemal Arıkan: Sizofreni Anlamak (Sizofrenler ve Yakınları İçin El Kitabı) İmge Yayınevi, Ankara, 1998.
- M. Kemal Arıkan: Psikiyatrik Elektrofizyoloji: Depresyon, Lilly Yayınları, İstanbul, 1998.
- M. Kemal Arıkan: Psikiyatrik Elektrofizyoloji: Demans, Roche Yayınları, İstanbul, 1998.
- M. Kemal Arıkan: Temel Psikiyatrik Sendromlar, Çantay Yayınevi, İstanbul, 1999.
- Arıkan MK: Advances in Hepatic Encephalopathy and Metabolism in Liver Disease, Eds. Yurdaydin C. Bozkaya H., pp. 207-211, Ankara University Press, 2000.
- Arıkan MK, Guvener B, Ozkok E. “Glutamate Is The Main Predictor Of Hyperammonia Among The Excitatory And Inhibitory Amino Acids” Advances in Hepatic Encephalopathy and Metabolism in Liver Disease, Eds. Yurdaydin C. Bozkaya H., pp. 195-200, Ankara University Press, 2000.
- Arıkan K. Consultation-Liaison Psychiatry Psikiyatri, Editor: Prof.Dr. Ertac İlkay, I.U. CTF Yayinlari, İstanbul, 2002.
- Arıkan K. Kişilik teorileri ve psikopatoloji Psikiyatri, Editor: Prof.Dr. Ertac İlkay, I.U. CTF Yayinlari, İstanbul, 2002.



Arıkan MK, Başer S. KALP YETERSİZLİĞİNDE PSİKOLOJİK FAKTÖRLER. Kanıta Dayalı KALP YETERSİZLİĞİ KİTABI Ed.: Rasim ENAR, NOBEL TIP KİTABEVLERİ, 797-800, 2010

M. Kemal Arıkan: Doğrusu Neydi?, TYM Tıbbi Yayınlar Merkezi, İstanbul, 2016.

## **8. Administrative Functions**

2016	Clinical EEG And Neuroscience Journal Editorial Board Member
2014	Yeni Symposium Journal Editor
2013	Full Professor of Cerrahpaşa Medical Faculty
2011	Akademik Psychiatry and Psychotherapy Centre
2005-2011	Cerrahpaşa Medical Faculty, Department of Psychiatry, Head of the Consultation-Liaison Psychiatry Department
1992-1993	World Health Organisation, Psychiatric Health Division, International Electrophysiological Projects Site Monitor , Head of the Turkey Centre
1986-1987	Ağrı Assistant Director of Health, Obligatory Services

## **9. Professional Memberships**

ECNS (EEG and Clinical Neuroscience Society) Board Member, Chairman at the 2010 Yearly Meeting

Turkish Medical Association

Academia Medicinae & Psychiatriae, NY, USA

ISBET (International Society for Brain Electromagnetic Topography)

New York Academy of Science

Turkish Society of Psychosomatic Psychotherapy

Turkish Society of Biological Psychiatry

AEP (Association of European Psychiatrists)

International Society for Neurochemistry

## **10. Awards**

TUBITAK YDBEF Fellow (NATO Young Scientist Awards)