

CURRICULUM VITAE

1. Name and Surname: Ekin ÇEVİK

Contact information

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2. Birth Date: 22.01.1992

3. Title: Research Assistant

4. Education status:

Degree	Field	University	Year
Undergraduate	Nutrition and Dietetics	Hacettepe University	2011-2015
Master	Food Service Systems	Hacettepe University	2016-2019
Doctorate	Nutrition and Dietetics	Erciyes University	2020-

Bachelor thesis: The Effect of Plate Size on Energy Intake and Food Consumption (2015)

Master Thesis: The Effect Of Menu Labelling Perception Among College Students on Food Choice And Obesity (2019)

5. Academic Titles and Date of Appointments:

Research Assistant September 2016 – Üsküdar University, Faculty of Health Science, Nutrition and Dietetics

6. Graduate Theses Supervised

7. Publications:

7.1. Articles published in peer reviewed international journals (SCI, SSCI Arts and Humanities)

ÖZENOĞLU ALİYE, ÇEVİK EKİN, ÇOLAK HATİCE, ALTINTAŞ TUĞBA, ALAKUŞ KAMIL (2021). Changes in nutrition and lifestyle habits during the covid-19 pandemic in Turkey and the effects of healthy eating attitudes. Mediterranean Journal of Nutrition and Metabolism, Doi: 10.3233/MNM210562 (Yayın No: 7116968)

7.2. Articles published in other peer reviewed international journals

Özgül, A, Bozat, C, Seziş, M, Badur, Y, Özcan, Ö, Sarıyer, E, Çevik, E, Çolak, H, Karahan, M. (2020). Determination of Knowledge Level and Consumption Status of Individuals in Working Life about Probiotic Foods. İstanbul Gelisim Üniversitesi Journal of Health Sciences, (12) , 365-378. DOI:

7.3. Papers presented at international conferences and published in the proceedings

Çevik E, Sarıyer E.T, Çolak H, (2021). Are Sustainable Nutrition Models Affordable. International Congress on Biological and Health Sciences. Türkiye

Çolak H, Çevik E, Sarıyer E.T, (2021). Food Supplements in Migraine Prophylaxis. International Congress on Biological and Health Sciences. Türkiye

Sarıyer E.T, Çolak H, Çevik E, (2021). Astaxanthin and Neuroprotective Effect. International Congress on Biological and Health Sciences. Türkiye

Çevik E, Çolak H, Sarıyer E.T, (2020). Vitamin D Supplementation And COVID-19. 2nd International Conference on Covid-19 Studies, Paris, France

Çolak H, Sarıyer E.T, Çevik E, (2020). Is Obesity A Risk Factor For COVID-19. 2nd International Conference on Covid-19 Studies, Paris, France

Sarıyer E.T, Çevik E, Çolak H, (2020). COVID-19 and Probiotics. 2nd International Conference on Covid-19 Studies, Paris, France

Özenoğlu A, Çevik E, Çolak H, Altıntaş T. (2020). The Effects of Healthy Eating Attitudes on Nutrition and Lifestyle Habits during the COVID-19 Pandemic, 1st International Conference on Covid-19 Studies, Ankara.

Sarıyer E.T, Çevik E, Çolak H. (2020). Nekrotizan Enterokolit ve Probiyotikler. 8th International From Fetal Life to Childhood First 1000 Days Maternal - Infant - Nutrition Congress, Ankara.

Çevik E, Öğünç Y.T. (2018). Microbial viability in edible films containing probiotics. 6th Food Safety Congress, İstanbul

7.4. Books and sections in books published internationally

Sağlık Bilimlerinde Bütüncül Bakış: Sağlığın Korunması, Bölüm adı:(Sağlığın Korunması: Katkı Maddeleri, Koruyucular) (2021), ÇEVİK EKİN, ENSARI ÖZAY MÜGE, KARAHAN MESUT, Efe Akademi Yayınevi, Editör:Bozer, Cüneyt, Basım sayısı:1, Sayfa Sayısı 213, ISBN:978-625-7601-87-0, Türkçe(Bilimsel Kitap), (Yayın No: 7096178)

7.5. Articles published in peer reviewed national journals

Altınok, E, Aydin, E, Koval, S, Özbilgin, A, Şener, B, Özcan, Ö, Çolak, H, Sarıyer, E, Çevik, E, Karahan, M. (2020). İrritabl Bağırsak Sendromu Olan Hastalarda Beslenme Durumunun İncelenmesi. Journal of Health Services and Education, 4 (2) , 53-59. DOI: 10.29228/JOHSE.4

7.6. Papers delivered at national conferences and printed as proceedings

Öğünç Y.T, Çevik E. (2017). Fonksiyonel Konstipasyonda Sinbiyotiklerin Etkisi. 2. İstanbul Ulusal Beslenme ve Diyetetik Kongresi, İstanbul

7.7. Other publications

8. Projects

“National Early Childhood Development Policy”, UNICEF and CGEDER cooperation, May 2019- Ongoing

9. Administrative duties

10. Memberships in scientific organizations

11. Awards:

12. Undergraduate and graduate courses given in the last two years

Academic Year	Term	Course Name	Weekly Hours		Classroom Size
			Theoretical	Practice	
2018-2019	Fall	Orientation of Profession	1	0	88
2018-2019	Fall	Professional English	2	0	87
2019-2020	Fall	Nutrition Principles and Applications I	2	4	76
2019-2020	Spring	Nutrition Principles and Applications II	2	4	76
2020-2021	Fall	Orientation of Profession	2	0	99
2020-2021	Fall	Nutrition Principles and Applications I	2	4	27
2020-2021	Spring	Nutrition Principles and Applications II	2	4	27