

## CURRICULUM VITAE

1. **Name-Surname:** Gökçen ÖZÜPEK
2. **Date of Birth:** 18.10.1994
3. **Title:** Lecturer
4. **Educational Background:**

Degree	Professional Field	University	Year
Undergraduate	Nutrition and Dietetics	Ondokuz Mayıs University	2012-2016
Master	Nutrition and Dietetics	Halic University	2017-2019
Doctorate	Nutrition and Dietetics	University of Health Sciences	2020-

5. **Academic Titles:**
6. **Managed Masters and Doctoral Thesis**
7. **Publications**
  - 7.1. **Articles published in international peer-reviewed journals (SCI & SSCI & Arts and Humanities)**
  - 7.2. **Other articles published in international peer-reviewed journals**
    1. Özüpek Gökçen, Arslan Müge (2021). Examination of The Relationship Between Sustainable Nutritional Behaviors With Nutritional Knowledge Level and Body Mass Index. *Gevher Nesibe Journal of Medical & Health Sciences*. 6(14): 68-79.
    2. Özüpek Gökçen, Köseoğlu Sabiha Zeynep Aydenk (2021). Evaluation of the Relationship Between Duration of Breast Milk Intake and Body Mass Index in Children Aged 2-6. *Karya Journal of Health Science*. 2(1):1-4.
  - 7.3. **Papers presented at international conferences and published in the proceedings**
    1. Özüpek Gökçen (2021). Evaluation of the Effect of Vitamin D on Multiple Sclerosis. 7th International Medicine and Health Sciences Researches Congress (Full Text Paper/Oral Presentation).
    2. Özüpek Gökçen (2021). Effect of Honey Which is a Functional Food on Alzheimer's Disease. III. International New York Cultural Interaction and Academic Studies Congress (Summary Paper/Oral Presentation).
  - 7.4. **International books or book chapters**
    1. Özüpek Gökçen (2021). *Health Sciences in the Changing World: A Multi-Disciplinary Approach*. Chapter: Effect of Honey which is a Functional Food on Alzheimer's Disease. ISBN:978-625-7606-13-4. (International book chapter)
    2. Özüpek Gökçen, Arslan Müge (2021). *The Role of Functional Nutrients in Health*. Chapter: Tea (*Camilla Sinensis*) and Coffee (*Rubiaceae*) as a Functional Food. ISBN:978-605-7594-54-9 (National book chapter).
  - 7.5. **Articles published in national journals**
    1. Özüpek Gökçen, Arslan Müge (2021). Evaluation of the Relationship Between Popular Diet Practice, Nutrition Literacy and Body Mass Index: A Study on Nutrition and Dietetics Students. *Turkish Journal of Diabetes and Obesity*. 5(3):340-350.
    2. Andaç Öztürk Serap, Kalkan İdrani, Durmaz Ceyda, Pehlivan Merve, Özüpek Gökçen, Bakmaz Zeynep Damla (2020). Usage of Nutritional Supplements among University Student Athletes. *Journal of Medical Clinics*. 3(1):5-14.
  - 7.6. **Papers delivered at national conferences and printed as proceedings**
  - 7.7. **Other publications**
8. **Projects**
9. **Administrative Experience**
10. **Scientific and Professional Organization Membership**

## 11. Awards

## 12. Lessons given for bachelor and master degree in the last two years

Academic Year	Term	Course Name	Weekly Hours		Classroom Size
			Theoretical	Practice	
2021-2022	Fall	BES409 Practice in Children's Hospital		14	43
		HEM251 Principles of Nutrition	2		73
		TIP281 Nutrition	2		89
		HEM373 Principles of Nutrition	2		77
	Spring	CGP214 Mother And Child Nutrition	2		42 (Secondary education) 60 (Primary education)
		BES342 Mother And Child Nutrition	2		67
		BES244 Nutrition and Health	2		70
Summer	TIP281 Nutrition	4		6	
2020-2021	Fall	BES409 Practice in Children's Hospital		14	57
		HEM373 Principles of Nutrition	2		54
		HEM251 Principles of Nutrition	2		70
		TIP281 Nutrition	2		86
	Spring	CGP214 Mother And Child Nutrition	2		58
		BES342 Mother And Child Nutrition	2		34
	Summer	HEM373 Principles of Nutrition	4		3